

METROPOLITAN EAST SCHOOL SPORT

13 - 19YRS TRACK EVENT NOMINATION FORM

(THE EVENTS LISTED BELOW **ARE NOT** CONDUCTED AT METROPOLITAN EAST SCHOOL SPORT REGIONAL TRIALS BUT WILL BE CONTESTED AT THE QRSS 13-19 YEARS TRACK & FIELD STATE CHAMPIONSHIPS)

Complete this form for consideration for selection in the Metropolitan East School Sport 13-19yrs T & F Team to compete at the QRSS 13-19yrs Track and Field State Championship.

| | | | |
|---------------------|--|-----------|--|
| Student Name | | | |
| Date of Birth | | Age Group | |
| School | | Gender | |
| Parent/Carer Name | | | |
| Parent/Carer Mobile | | | |
| Parent/Carer email | | | |

Select (✓) your desired event and complete the details.

NOTE: Results must be from a sanctioned Qld Athletics event held on or after 30 September 2024. Times must meet MERSS qualifying standards.

| Select (✓) | Event | Name of Meet (must be sanctioned) | Date of Meet | Result (time) | QRSS Qualifying time |
|------------|-----------------------|-----------------------------------|--------------|---------------|----------------------|
| | 2000m Steeple | | | | |
| | 3000m Steeple | | | | |
| | 3000m Walk | | | | |
| | 5000m Walk | | | | |
| | 200m Hurdles | | | | |
| | 400m Hurdles | | | | |
| | Sprint Hurdles – 80m | | | | |
| | Sprint Hurdles – 90m | | | | |
| | Sprint Hurdles – 100m | | | | |
| | Sprint Hurdles – 110m | | | | |

Attach verified results or the nomination form will not be accepted.

Successful nominations to be highlighted and displayed at the Metropolitan East School Sport Regional Track and Field Trials on Thursday 28 & Friday 29 August 2025.

EMAIL NOMINATION FORM + COPY OF VERIFIED TIMES TO:

rachel.graves@qed.qld.gov.au at the Metropolitan East School Sport Office

BY 4PM FRIDAY 15 August 2025.