

METROPOLITAN EAST SCHOOL SPORT

10 - 12YRS SWIMMING DISTANCE EVENT NOMINATION FORM

(THE EVENTS LISTED BELOW ARE NOT CONDUCTED AT METROPOLITAN EAST SCHOOL SPORT REGIONAL SWIMMING TRIALS BUT WILL BE CONTESTED AT THE QRSS 10-12 YEARS SWIMMING STATE CHAMPIONSHIPS)

Complete this form for consideration for selection in the Metropolitan East School Sport 10-12yrs Swimming Team to compete at the QRSS 10-12yrs Swimming State Championship.

Student Name			
Date of Birth		Age group	
School		Gender	
Parent/Carer Name			
Parent/Carer Mobile			
Parent/Carer email			

Select (✓) your desired event and complete the details.

NOTE: Results must be from a sanctioned Swimming Qld or Swimming Australia long course event held on or after 1 September 2024. Times must meet qualifying standards (see appendix Z).

Select (✓)	Event	Name of Meet (must be sanctioned)	Date of Meet	Result (time)
	200m Backstroke			
	200m Breaststroke			
	200m Butterfly			
	400m Freestyle			
	400m Individual Medley			

Attach verified results or the nomination form will not be accepted.

School Co-ordinator

Date

The following process MUST be followed when submitting this form:

1. The form must be returned to the **school sports co-ordinator** for confirmation.
2. **The School co-ordinator** will forward the form and the appropriate evidence, to the Met East Sport office Michael Herman Michael.herman@qed.qld.gov.au by **Friday 21 February 2025**.