

## METROPOLITAN EAST 10 – 19 YRS TRACK & FIELD TRIAL 2026 PROGRAMME OF EVENTS

### Track Events: DAY 1 – 27 August 2026

*[MC] – Multi Class Event*

#### 1500 METRES

8:30am	Event 1	10yrs 1500m	Boys	Finals
8:30am	Event 2	10yrs 1500m	Girls	Finals
8:45am	Event 3	11yrs 1500m	Boys	Finals
8:45am	Event 4	11yrs 1500m	Girls	Finals
9:00am	Event 5	12yrs 1500m	Boys	Finals
9:00am	Event 6	12yrs 1500m	Girls	Finals
9:15am	Event 7	13yrs 1500m	Boys	Finals
9:15am	Event 8	13yrs 1500m	Girls	Finals
9:30am	Event 9	14yrs 1500m	Boys	Finals
9:30am	Event 10	14yrs 1500m	Girls	Finals
9:45am	Event 11	15yrs 1500m	Boys	Finals
9:45am	Event 12	15yrs 1500m	Girls	Finals
10:00am	Event 13	16yrs 1500m	Boys	Finals
10:00am	Event 14	16yrs 1500m	Girls	Finals
10:15am	Event 15	17yrs 1500m	Boys	Finals
10:15am	Event 16	17yrs 1500m	Girls	Finals
10:30am	Event 17	18 – 19yrs 1500m	Boys	Finals
10:30am	Event 18	18 – 19yrs 1500m	Girls	Finals
10:45am	Event 19	13 – 19yrs 1500m MC	Boys	Finals
10:45am	Event 20	13 – 19yrs 1500m MC	Girls	Finals

#### 100 METRE MULTI – EVENT

12:50pm	Event 23	10 – 12yrs Multi Event 100m	Boys	Finals
12:50pm	Event 24	10 – 12yrs Multi Event 100m	Girls	Finals

#### 400 METRES

11:15pm	Event 25	13yrs 400m	Boys	Finals
11:15am	Event 26	13yrs 400m	Girls	Finals
11:15am	Event 27	14yrs 400m	Boys	Finals
11:15am	Event 28	14yrs 400m	Girls	Finals
11:35am	Event 29	15yrs 400m	Boys	Finals
11:35am	Event 30	15yrs 400m	Girls	Finals
11:35am	Event 31	16yrs 400m	Boys	Finals
11:35am	Event 32	16yrs 400m	Girls	Finals
11:55am	Event 33	17yrs 400m	Boys	Finals
11:55am	Event 34	17yrs 400m	Girls	Finals
11:55am	Event 35	18 – 19yrs 400m	Boys	Finals
11:55am	Event 36	18 – 19yrs 400m	Girls	Finals
12:15pm	Event 37	13 – 19yrs 400m MC	Boys	Finals
12:15pm	Event 38	13 – 19yrs 400m MC	Girls	Finals

## 100 METRES

1:15pm	Event 39	10yrs 100m	Boys	Final
1:15pm	Event 40	10yrs 100m	Girls	Final
1:15pm	Event 41	11yrs 100m	Boys	Final
1:15pm	Event 42	11yrs 100m	Girls	Final
1:15pm	Event 43	12yrs 100m	Boys	Final
1:15pm	Event 44	12yrs 100m	Girls	Final
1:45pm	Event 45	13yrs 100m	Boys	Final
1:45pm	Event 46	13yrs 100m	Girls	Final
1:45pm	Event 47	14yrs 100m	Boys	Final
1:45pm	Event 48	14yrs 100m	Girls	Final
2:05pm	Event 49	15yrs 100m	Boys	Final
2:05pm	Event 50	15yrs 100m	Girls	Final
2:05pm	Event 51	16yrs 100m	Boys	Final
2:05pm	Event 52	16yrs 100m	Girls	Final
2:25pm	Event 53	17yrs 100m	Boys	Final
2:25pm	Event 54	17yrs 100m	Girls	Final
2:25pm	Event 55	18 – 19yrs 100m	Boys	Final
2:25pm	Event 56	18 – 19yrs 100m	Girls	Final
2:45pm	Event 57	10 – 12yrs 100m MC	Boys	Final
2:45pm	Event 58	10 – 12yrs 100m MC	Girls	Final
2:45pm	Event 59	13 – 19yrs 100m MC	Boys	Final
2:45pm	Event 60	13 – 19yrs 100m MC	Girls	Final

# METROPOLITAN EAST 10 – 19 YRS TRACK & FIELD TRIAL 2026 PROGRAMME OF EVENTS

## Field Events: DAY 1 – 27 August 2026

*[MC] – Multi Class*

8:30am	Event 65	13yrs Discus	Girls	D2 Nth
8:30am	Event 66	13yrs Javelin	Boys	J2 Nth
8:30am	Event 67	12yrs High Jump	Boys	HJ2 Sth
8:30am	Event 68	12yrs High Jump	Girls	HJ1 Nth
8:30am	Event 69	14yrs Shot Put	Boys	SP1
8:30am	Event 70	14yrs Shot Put	Girls	SP2
8:30am	Event 71	16yrs Long Jump	Boys	LJ2 Sth
8:30am	Event 72	16yrs Long Jump	Girls	LJ1 Nth
8:30am	Event 73	17yrs Long Jump	Boys	LJ2 Sth
8:30am	Event 74	17yrs Long Jump	Girls	LJ1 Nth
8:30am	Event 75	18 – 19yrs Long Jump	Boys	LJ2 Sth
8:30am	Event 75A	16 – 19yrs Long Jump MC	Boys	LJ2 Sth
8:30am	Event 76	18 – 19yrs Long Jump	Girls	LJ1 Nth
8:30am	Event 76A	16 – 19yrs Long Jump MC	Girls	LJ1 Nth
9:45am	Event 77	11yrs Discus	Boys	D1 Sth
9:45am	Event 77A	11yrs Discus MC	Boys	D1 Sth
9:45am	Event 78	11yrs Discus	Girls	D2 Nth
9:45am	Event 78A	11yrs Discus MC	Girls	D2 Nth
9:45am	Event 79	17yrs Javelin	Boys	J2 Nth
9:45am	Event 80	18 – 19yrs Javelin	Boys	J2 Nth
9:45am	Event 80A	16 – 19yrs Javelin MC	Boys	J2 Nth
9:45am	Event 81	13yrs Long Jump	Boys	LJ2 Sth
9:45am	Event 82	13yrs Long Jump	Girls	LJ1 Nth
11:00am	Event 83	17yrs Discus	Boys	D1 Sth
11:00am	Event 84	17yrs Discus	Girls	D2 Nth
11:00am	Event 85	18 – 19yrs Discus	Boys	D1 Sth
11:00am	Event 85A	16 – 19yrs Discus MC	Boys	D1 Sth
11:00am	Event 86	18 – 19yrs Discus	Girls	D2 Nth
11:00am	Event 86A	16 – 19yrs Discus MC	Girls	D2 Nth
11:00am	Event 87	10yrs High Jump	Boys	HJ2 Sth
11:00am	Event 88	10yrs High Jump	Girls	HJ1 Nth
11:00am	Event 89	11yrs Long Jump	Boys	LJ2 Sth
11:00am	Event 89A	11yrs Long Jump MC	Boys	LJ2 Sth
11:00am	Event 90	11yrs Long Jump	Girls	LJ1 Nth
11:00am	Event 90A	11yrs Long Jump MC	Girls	LJ1 Nth
11:00am	Event 91	12yrs Shot Put	Boys	SP1
11:00am	Event 91A	12yrs Shot Put MC	Boys	SP1
11:00am	Event 92	12yrs Shot Put	Girls	SP2
11:00am	Event 92A	12yrs Shot Put MC	Girls	SP2
12:15pm	Event 93	14yrs Discus	Boys	D1 Sth
12:15pm	Event 94	14yrs Javelin	Girls	J2 Nth
12:15pm	Event 23	10 – 12yrs Multi Event Shot Put	Boys	SP1
12:15pm	Event 24	10 – 12yrs Multi Event Shot Put	Girls	SP2
1:30pm	Event 95	16yrs Discus	Boys	D1 Sth
1:30pm	Event 96	16yrs Javelin	Girls	J2 Nth
1:30pm	Event 97	17yrs Javelin	Girls	J2 Nth
1:30pm	Event 98	18 – 19yrs Javelin	Girls	J2 Nth

## METROPOLITAN EAST 10 – 19 YRS TRACK & FIELD TRIAL 2026 PROGRAMME OF EVENTS

1:30pm	Event 98A	16 – 19yrs Javelin MC	Girls	J2 Nth
1:30pm	Event 99	14yrs Long Jump	Boys	LJ2 Sth
1:30pm	Event 100	14yrs Long Jump	Girls	LJ1 Nth
1:30pm	Event 101	15yrs Long Jump	Boys	LJ2 Sth
1:30pm	Event 101A	13 - 15yrs Long Jump MC	Boys	LJ2 Sth
1:30pm	Event 102	15yrs Long Jump	Girls	LJ1 Nth
1:30pm	Event 102A	13 - 15yrs Long Jump MC	Girls	LJ1 Nth
1:30pm	Event 103	10yrs Shot Put	Boys	SP1
1:30pm	Event 103A	10yrs Shot Put MC	Boys	SP1
1:30pm	Event 104	10yrs Shot Put	Girls	SP2
1:30pm	Event 104A	10yrs Shot Put MC	Girls	SP2
2:45pm	Event 105	15yrs Discus	Girls	D2 Sth
2:45pm	Event 105A	13 - 15yrs Discus MC	Girls	D2 Sth
2:45pm	Event 106	15yrs Javelin	Boys	J2 Nth
2:45pm	Event 106A	13 - 15yrs Javelin MC	Boys	J2 Nth
2:45pm	Event 107	14yrs High Jump	Boys	HJ2 Sth
2:45pm	Event 108	14yrs High Jump	Girls	HJ1 Nth

# METROPOLITAN EAST 10 – 19 YRS TRACK & FIELD TRIAL 2026 PROGRAMME OF EVENTS

## Track Events: DAY 2 – Friday 28 August 2026

*[MC] – Multi Class Event*

### 800 METRE MULTI –EVENT

8:30am	Event 23	10 – 12yrs Multi Event 800m	Boys	Finals
8:30am	Event 24	10 – 12yrs Multi Event 800m	Girls	Finals

### 3000m/5000m

9:00am	Event 109	14yrs 3000m	Boys	Finals
9:00am	Event 110	15yrs 3000m	Boys	Finals
9:00am	Event 111	16yrs 3000m	Boys	Finals
9:00am	Event 112	17yrs 3000m	Boys	Finals
9:30am	Event 114	14yrs 3000m	Girls	Finals
9:30am	Event 115	15yrs 3000m	Girls	Finals
9:30am	Event 116	16yrs 3000m	Girls	Finals
9:30am	Event 117	17yrs 3000m	Girls	Finals
9:50am	Event 118	18-19yrs 5000m	Boys	Finals
9:50am	Event 113	18-19yrs 5000m	Girls	Finals

### 200 METRES

11:00am	Event 119	10yrs 200m	Boys	Finals
11:00am	Event 120	10yrs 200m	Girls	Finals
11:00am	Event 121	11yrs 200m	Boys	Finals
11:00am	Event 122	11yrs 200m	Girls	Finals
11:00am	Event 123	12yrs 200m	Boys	Finals
11:00am	Event 124	12yrs 200m	Girls	Finals
11:30am	Event 125	13yrs 200m	Boys	Finals
11:30am	Event 126	13yrs 200m	Girls	Finals
11:30am	Event 127	14yrs 200m	Boys	Finals
11:30am	Event 128	14yrs 200m	Girls	Finals
11:50am	Event 129	15yrs 200m	Boys	Finals
11:50am	Event 130	15yrs 200m	Girls	Finals
11:50am	Event 131	16yrs 200m	Boys	Finals
11:50am	Event 132	16yrs 200m	Girls	Finals
12:10am	Event 133	17yrs 200m	Boys	Finals
12:10am	Event 134	17yrs 200m	Girls	Finals
12:10am	Event 135	18 – 19yrs 200m	Boys	Finals
12:10am	Event 136	18 – 19yrs 200m	Girls	Finals
12:10am	Event 137	10 – 12yrs 200m MC	Boys	Finals
12:10am	Event 138	10 – 12yrs 200m MC	Girls	Finals
12:10am	Event 139	13 – 19yrs 200m MC	Boys	Finals
12:10am	Event 140	13 – 19yrs 200m MC	Girls	Finals

# METROPOLITAN EAST 10 – 19 YRS TRACK & FIELD TRIAL 2026 PROGRAMME OF EVENTS

## 800 METRES

1:15pm	Event 141	10yrs 800m	Boys	Finals
1:15pm	Event 142	10yrs 800m	Girls	Finals
1:15pm	Event 143	11yrs 800m	Boys	Finals
1:15pm	Event 144	11yrs 800m	Girls	Finals
1:15pm	Event 145	12yrs 800m	Boys	Finals
1:15pm	Event 146	12yrs 800m	Girls	Finals
2:00pm	Event 147	13yrs 800m	Boys	Finals
2:00pm	Event 148	13yrs 800m	Girls	Finals
2:00pm	Event 149	14yrs 800m	Boys	Finals
2:00pm	Event 150	14yrs 800m	Girls	Finals
2:30pm	Event 151	15yrs 800m	Boys	Finals
2:30pm	Event 152	15yrs 800m	Girls	Finals
2:30pm	Event 153	16yrs 800m	Boys	Finals
2:30pm	Event 154	16yrs 800m	Girls	Finals
2:45pm	Event 155	17yrs 800m	Boys	Finals
2:45pm	Event 156	17yrs 800m	Girls	Finals
2:45pm	Event 157	18 – 19yrs 800m	Boys	Finals
2:45pm	Event 158	18 – 19yrs 800m	Girls	Finals
2:45pm	Event 159	10 – 12yrs 800m MC	Boys	Finals
2:45pm	Event 160	10 – 12yrs 800m MC	Girls	Finals
2:45pm	Event 161	13 – 19yrs 800m MC	Boys	Finals
2:45pm	Event 162	13 – 19yrs 800m MC	Girls	Finals

# METROPOLITAN EAST 10 – 19 YRS TRACK & FIELD TRIAL 2026 PROGRAMME OF EVENTS

## Field Events: DAY 2 – FRIDAY 28 August 2026

*[MC] – Multi Class Event*

8:30am	Event 163	12yrs Discus	Boys	D1 Sth
8:30am	Event 163A	12yrs Discus MC	Boys	D1 Sth
8:30am	Event 164	12yrs Discus	Girls	D2 Nth
8:30am	Event 164A	12yrs Discus MC	Girls	D2 Nth
8:30am	Event 165	10yrs Long Jump	Boys	LJ2 Sth
8:30am	Event 165A	10yrs Long Jump MC	Boys	LJ2 Sth
8:30am	Event 166	10yrs Long Jump	Girls	LJ1 Nth
8:30am	Event 166A	10yrs Long Jump MC	Girls	LJ1 Nth
8:30am	Event 167	11yrs Shot Put	Boys	SP1
8:30am	Event 167A	11yrs Shot Put MC	Boys	SP1
8:30am	Event 168	11yrs Shot Put	Girls	SP2
8:30am	Event 168A	11yrs Shot Put MC	Girls	SP2
8:30am	Event 169	16yrs High Jump	Boys	HJ2 Sth
8:30am	Event 170	16yrs High Jump	Girls	HJ1 Nth
9:45am	Event 171	10yrs Discus	Boys	D1 Sth
9:45am	Event 171A	10yrs Discus MC	Boys	D1 Sth
9:45am	Event 172	10yrs Discus	Girls	D2 Nth
9:45am	Event 172A	10yrs Discus MC	Girls	D2 Nth
9:45am	Event 173	15yrs Shot Put	Boys	SP1
9:45am	Event 173A	13 - 15yrs Shot Put MC	Boys	SP1
9:45am	Event 174	15yrs Shot Put	Girls	SP2
9:45am	Event 174A	13 - 15yrs Shot Put MC	Girls	SP2
9:45am	Event 175	16yrs Triple Jump	Boys	TJ2 Sth
9:45am	Event 176	16yrs Triple Jump	Girls	TJ1 Nth
9:45am	Event 177	17yrs Triple Jump	Boys	TJ2 Sth
9:45am	Event 178	17yrs Triple Jump	Girls	TJ1 Nth
9:45am	Event 179	18 – 19yrs Triple Jump	Boys	TJ2 Sth
9:45am	Event 180	18 – 19yrs Triple Jump	Girls	TJ1 Nth
11:00am	Event 181	13yrs Discus	Boys	D1 Sth
11:00am	Event 182	17yrs High Jump	Boys	HJ2 Sth
11:00am	Event 183	17yrs High Jump	Girls	HJ1 Nth
11:00am	Event 184	18 – 19yrs High Jump	Boys	HJ2 Sth
11:00am	Event 185	18 – 19yrs High Jump	Girls	HJ1 Nth
11:00am	Event 186	13yrs Javelin	Girls	J2 Nth
11:00am	Event 187	14yrs Triple Jump	Boys	TJ2 Sth
11:00am	Event 188	14yrs Triple Jump	Girls	TJ1 Nth
11:00am	Event 189	15yrs Triple Jump	Boys	TJ2 Sth
11:00am	Event 190	15yrs Triple Jump	Girls	TJ1 Nth
12:15pm	Event 191	15yrs Discus	Boys	D1 Sth
12:15pm	Event 191A	13 - 15yrs Discus MC	Boys	D1 Sth
12:15pm	Event 192	15yrs Javelin	Girls	J2 Nth
12:15pm	Event 192A	13 - 15yrs Javelin MC	Girls	J2 Nth
12:15pm	Event 193	16yrs Shot Put	Boys	SP1
12:15pm	Event 194	16yrs Shot Put	Girls	SP2
12:15pm	Event 195	13yrs Triple Jump	Boys	TJ2 Sth
12:15pm	Event 196	13yrs Triple Jump	Girls	TJ1 Nth
12:15pm	Event 197	11yrs High Jump	Boys	HJ2 Sth
12:15pm	Event 198	11yrs High Jump	Girls	HJ1 Nth

# METROPOLITAN EAST 10 – 19 YRS TRACK & FIELD TRIAL 2026 PROGRAMME OF EVENTS

## Field Events: DAY 2 – FRIDAY 29 August 2025

*[MC] – Multi Class Event*

1:30pm	Event 199	14yrs Discus	Girls	D2 Nth
1:30pm	Event 200	13yrs High Jump	Boys	HJ2 Sth
1:30pm	Event 201	13yrs High Jump	Girls	HJ1 Nth
1:30pm	Event 202	14yrs Javelin	Boys	J2 Nth
1:30pm	Event 203	17yrs Shot Put	Boys	SP1
1:30pm	Event 204	17yrs Shot Put	Girls	SP2
1:30pm	Event 205	18 – 19yrs Shot Put	Boys	SP1
1:30pm	Event 205A	16 – 19yrs Shot Put MC	Boys	SP1
1:30pm	Event 206	18 – 19yrs Shot Put	Girls	SP2
1:30pm	Event 206A	16 – 19yrs Shot Put MC	Girls	SP2
1:30pm	Event 23	10 – 12yrs Multi Event Long Jump	Boys	LJ2 Sth
1:30pm	Event 24	10 – 12yrs Multi Event Long Jump	Girls	LJ1 Nth
2:45pm	Event 207	16yrs Discus	Girls	D2 Nth
2:45pm	Event 208	15yrs High Jump	Boys	HJ2 Sth
2:45pm	Event 209	15yrs High Jump	Girls	HJ1 Nth
2:45pm	Event 210	16yrs Javelin	Boys	J2 Nth
2:45pm	Event 211	13yrs Shot Put	Boys	SP1
2:45pm	Event 212	13yrs Shot Put	Girls	SP2
2:45pm	Event 213	12yrs Long Jump	Boys	LJ2 Sth
2:45pm	Event 213A	12yrs Long Jump MC	Boys	LJ2 Sth
2:45pm	Event 214	12yrs Long Jump	Girls	LJ1 Nth
2:45pm	Event 214A	12yrs Long Jump MC	Girls	LJ1 Nth