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| **APPENDIX D: 2022 METRPOLIAN EAST SCHOOL SPORT REGIONAL SWIMMING TRIAL****13 – 19yrs MULTI-CLASS QUALIFYING TIMES** **(These times must be read in conjunction with the Competition Conditions document)** |
|  | **50m** **Freestyle** | **100m** **Freestyle** | **200m** **Freestyle** | **50m Backstroke** | **100m** **Backstroke** | **50m** **Butterfly** | **100m** **Butterfly** | **50m Breaststroke** | **100m Breaststroke** | **200m** **IM** |
| 13 - 15 | 16 - 19 | 13 - 15 | 16 - 19 | 13 - 15 | 16 - 19 | 13 - 15 | 16 - 19 | 13 - 15 | 16 - 19 | 13 - 15 | 16 - 19 | 13 - 15 | 16 - 19 | 13 - 15 | 16 - 19 | 13 - 15 | 16 - 19 | 13 - 15 | 16 - 19 |
| **WOMEN** |
| S1 | 2:18.00 | 2:13.00 | 4:41.00 | 4:36.00 | 10:45.00 | 10:40.00 | 2:26.00 | 2:21.00 | 4:59.00 | 4:54.00 |   |   |  |  |  |  |  |  |   |   |
| S2 | 2:17.00 | 2:12.00 | 4:42.00 | 4:37.00 | 10:11.00 | 10:06.00 | 2:22.00 | 2:17.00 | 5:12.00 | 5:07.00 |   |   |  |  | 2:29.00 | 2:24.00 | 4:51.00 | 4:46.00 |   |   |
| S3 | 1:45.00 | 1:40.00 | 3:33.00 | 3:28.00 | 8:20.00 | 8:15.00 | 1:59.00 | 1:53.00 | 3:40.00 | 3:35.00 | 2:03.00 | 1:58.00 |  |  | 1:54.00 | 1:49.00 | 3:39.00 | 3:34.00 | 7:05.00 | 7:00.00 |
| S4 | 1:23.00 | 1:18.00 | 2:50.00 | 2:45.00 | 6:38.00 | 6:33.00 | 1:44.00 | 1:39.00 | 3:09.00 | 3:04.00 | 1:58.00 | 1:53.00 |  |  | 1:51.00 | 1:46.00 | 3:09.00 | 3:04.00 | 7:00.00 | 6:55.00 |
| S5 | 1:08.00 | 1:03.00 | 2:32.00 | 2:27.00 | 5:27.00 | 5:22.00 | 1:24.00 | 1:19.00 | 2:37.00 | 2:32.00 | 1:28.00 | 1:23.00 | 3:27.00 | 3:22.00 | 1:34.00 | 1:29.00 | 2:39.00 | 2:34.00 | 5:59.00 | 5:54.00 |
| S6 | 1:09.00 | 1:04.00 | 2:16.00 | 2:11.00 | 4:55.00 | 4:50.00 | 1:31.00 | 1:26.00 | 2:30.00 | 2:25.00 | 1:24.00 | 1:19.00 | 2:39.00 | 2:34.00 | 1:38.00 | 1:33.00 | 2:52.00 | 2:47.00 | 5:22.00 | 5:17.00 |
| S7 | 1:04.00 | 59.00 | 2:04.00 | 1:59.00 | 4:30.00 | 4:25.00 | 1:26.00 | 1:21.00 | 2:27.00 | 2:22.00 | 1:16.00 | 1:11.00 | 2:24.00 | 2:19.00 | 1:35.00 | 1:30.00 | 2:42.00 | 2:37.00 | 5:02.00 | 4:57.00 |
| S8 | 1:00.00 | 55.00 | 1:56.00 | 1:51.00 | 3:55.00 | 3:50.00 | 1:21.00 | 1:16.00 | 2:17.00 | 2:12.00 | 1:14.00 | 1:09.00 | 2:08.00 | 2:03.00 | 1:24.00 | 1:19.00 | 2:23.00 | 2:18.00 | 4:30.00 | 4:25.00 |
| S9 | 56.00 | 51.00 | 1:47.00 | 1:42.00 | 3:21.00 | 3:16.00 | 1:15.00 | 1:10.00 | 2:01.00 | 1:56.00 | 1:11.00 | 1:06.00 | 1:56.00 | 1:51.00 | 1:24.00 | 1:19.00 | 2:17.00 | 2:12.00 | 4:08.00 | 4:03.00 |
| S10 | 55.00 | 50.00 | 1:49.00 | 1:44.00 | 3:52.00 | 3:47.00 | 1:02.00 | 1:07.00 | 2:07.00 | 2:02.00 | 1:10.00 | 1:05.00 | 2:03.00 | 1:58.00 |   |   |  |  | 5:00.00 | 4:55.00 |
| S11 | 1:02.00 | 57.00 | 2:03.00 | 1:58.00 | 4:36.00 | 4:31.00 | 1:20.00 | 1:15.00 | 2:24.00 | 2:19.00 | 1:19.00 | 1:14.00 | 2:17.00 | 2:12.00 | 1:30.00 | 1:25.00 | 2:42.00 | 2:37.00 | 5:01.00 | 4:56.00 |
| S12 | 55.00 | 50.00 | 1:46.00 | 1:41.00 | 3:50.00 | 3:45.00 | 1:14.00 | 1:09.00 | 2:03.00 | 1:58.00 | 1:07.00 | 1:02.00 | 1:53.00 | 1:48.00 | 1:18.00 | 1:13.00 | 2:20.00 | 2:15.00 | 4:12.00 | 4:07.00 |
| S13 | 54.00 | 49.00 | 1:45.00 | 1:40.00 | 3:40.00 | 3:35.00 | 1:13.00 | 1:08.00 | 2:02.00 | 1:57.00 | 1:08.00 | 1:03.00 | 1:59.00 | 1:54.00 | 1:20.00 | 1:15.00 | 2:22.00 | 2:17.00 | 4:08.00 | 4:03.00 |
| S14 | 57.00 | 52.00 | 1:52.00 | 1:47.00 | 4:05.00 | 4:00.00 | 1:12.00 | 1:07.00 | 2:07.00 | 2:02.00 | 1:09.00 | 1:04.00 | 2:13.00 | 2:08.00 | 1:20.00 | 1:15.00 | 2:28.00 | 2:23.00 | 4:25.00 | 4:20.00 |
| S15 | 54.00 | 49.00 | 1:45.00 | 1:40.00 | 3:40.00 | 1:35.00 | 1:09.00 | 1:04.00 | 2:02.00 | 1:57.00 | 1:06.00 | 1:01.00 | 1:56.00 | 1:51.00 | 1:14.00 | 1:09.00 | 2:13.00 | 2:08.00 | 4:09.00 | 4:04.00 |
| S16 | 57.00 | 52.00 | 1:52.00 | 1:47.00 | 4:00.00 | 3:55.00 | 1:22.00 | 1:17.00 | 2:07.00 | 2:02.00 | 1:14.00 | 1:09.00 | 2:04.00 | 1:59.00 | 1:25.00 | 1:20.00 | 2:08.00 | 2:03.00 | 4:25.00 | 4:20.00 |
| **MEN** |
| S1 | 1:58.00 | 1:53.00 | 4:10.00 | 4:05.00 | 9:46.00 | 9:41.00 | 2:46.00 | 2:41.00 | 5:16.00 | 5:11.00 |  |  |  |  |  |  |  |  |  |  |
| S2 | 1:53.00 | 1:48.00 | 3:43.00 | 3:38.00 | 9:13.00 | 9:08.00 | 2:11.00 | 2:06.00 | 4:04.00 | 3:59.00 |  |  |  |  | 1:58.00 | 1:53.00 | 3:50.00 | 3:45.00 |   |   |
| S3 | 1:29.00 | 1:24.00 | 3:03.00 | 2:58.00 | 6:38.00 | 6:33.00 | 1:35.00 | 1:30.00 | 3:27.00 | 3:22.00 | 2:01.00 | 1:56.00 |  |  | 1:33.00 | 1:38.00 | 3:16.00 | 3:11.00 | 6:05.00 | 6:00.00 |
| S4 | 1:06.00 | 1:01.00 | 2:20.00 | 2:15.00 | 5:48.00 | 5:43.00 | 1:32.00 | 1:27.00 | 2:46.00 | 2:41.00 | 1:32.00 | 1:27.00 |  |  | 1:39.00 | 1:34.00 | 2:45.00 | 2:40.00 | 6:00.00 | 5:55.00 |
| S5 | 1:03.00 | 58.00 | 2:09.00 | 2:04.00 | 4:52.00 | 4:47.00 | 1:17.00 | 1:12.00 | 2:15.00 | 2:10.00 | 1:16.00 | 1:11.00 | 2:17.00 | 2:12.00 | 1:31.00 | 1:26.00 | 2:45.00 | 2:40.00 | 5:00.00 | 4:55.00 |
| S6 | 58.00 | 53.00 | 1:55.00 | 1:50.00 | 4:03.00 | 3:47.00 | 1:18.00 | 1:13.00 | 2:09.00 | 2:04.00 | 1:09.00 | 1:04.00 | 2:03.00 | 1:58.00 | 1:24.00 | 1:19.00 | 2:22.00 | 2:17.00 | 4:34.00 | 4:29.00 |
| S7 | 55.00 | 50.00 | 1:48.00 | 1:43.00 | 4:01.00 | 3:56.00 | 1:17.00 | 1:12.00 | 2:09.00 | 2:04.00 | 1:08.00 | 1:03.00 | 2:07.00 | 2:02.00 | 1:23.00 | 1:18.00 | 2:27.00 | 2:22.00 | 4:28.00 | 4:23.00 |
| S8 | 53.00 | 48.00 | 1:42.00 | 1:37.00 | 3:33.00 | 3:28.00 | 1:09.00 | 1:04.00 | 2:00.00 | 1:55.00 | 1:04.00 | 59.00 | 1:54.00 | 1:49.00 | 1:14.00 | 1:09.00 | 2:07.00 | 2:02.00 | 4:01.00 | 3:56.00 |
| S9 | 52.00 | 47.00 | 1:40.00 | 1:35.00 | 3:36.00 | 3:31.00 | 1:07.00 | 1:00.00 | 1:51.00 | 1:46.00 | 1:02.00 | 57.00 | 1:55.00 | 1:50.00 | 1:06.00 | 1:01.00 | 2:05.00 | 2:00.00 | 3:50.00 | 3:45.00 |
| S10 | 49.00 | 44.00 | 1:34.00 | 1:29.00 | 3:30.00 | 3:25.00 | 1:05.00 | 1:00.00 | 1:50.00 | 1:45.00 | 59.00 | 54.00 | 1:47.00 | 1:42.00 |   |   |  |  | 3:46.00 | 3:41.00 |
| S11 | 52.00 | 47.00 | 1:43.00 | 1:38.00 | 3:50.00 | 3:45.00 | 1:12.00 | 1:07.00 | 2:02.00 | 1:57.00 | 1:04.00 | 59.00 | 1:48.00 | 1:43.00 | 1:16.00 | 1:11.00 | 2:07.00 | 2:02.00 | 4:03.00 | 3:58.00 |
| S12 | 48.00 | 42.00 | 1:34.00 | 1:29.00 | 3:28.00 | 3:23.00 | 1:05.00 | 1:00.00 | 1:49.00 | 1:44.00 | 1:01.00 | 56.00 | 1:43.00 | 1:38.00 | 1:13.00 | 1:08.00 | 2:02.00 | 1:57.00 | 3:44.00 | 3:39.00 |
| S13 | 49.00 | 44.00 | 1:36.00 | 1:31.00 | 3:35.00 | 3:30.00 | 1:06.00 | 1:01.00 | 1:49.00 | 1:44.00 | 1:02.00 | 57.00 | 1:44.00 | 1:39.00 | 1:10.00 | 1:05.00 | 2:02.00 | 1:57.00 | 3:50.00 | 3:39.00 |
| S14 | 51.00 | 46.00 | 1:39.00 | 1:34.00 | 3:45.00 | 3:40.00 | 1:08.00 | 1:03.00 | 1:55.00 | 1:50.00 | 1:02.00 | 57.00 | 1:52.00 | 1:47.00 | 1:08.00 | 1:03.00 | 2:07.00 | 2:02.00 | 3:59.00 | 3:44.00 |
| S15 | 49.00 | 44.00 | 1:34.00 | 1:29.00 | 3:25.00 | 3:20.00 | 1:03.00 | 58.00 | 1:47.00 | 1:42.00 | 57.00 | 52.00 | 1:37.00 | 1:32.00 | 1:04.00 | 59.00 | 1:50.00 | 1:45.00 | 3:37.00 | 3:32.00 |
| S16 | 51.00 | 46.00 | 1:39.00 | 1:34.00 | 4:40.00 | 4:35.00 | 1:14.00 | 1:09.00 | 1:55.00 | 1:50.00 | 1:08.00 | 1:03.00 | 1:45.00 | 1:40.00 | 1:15.00 | 1:10.00 | 1:59.00 | 1:54.00 | 3:59.00 | 3:54.00 |